

For immediate release

7 April 2020



Deschutes Acupuncture Offering Free Curbside Acupuncture During Covid-19 Crisis

Beginning Thursday, April 9th, 2020, Dr. Crystal Ford (DACM, Lac.) of Deschutes Acupuncture in Bend Oregon will be offering a new, safe, and free, way to access health and wellness care; Curbside Acupuncture.

Curbside Acupuncture is essentially a minimal contact, drive-up or drive-through service specifically for those experiencing high levels of stress, anxiety, depression, sleep disturbance, feelings of fear, grief, worry, and those seeking a better sense of well-being during this time of crisis.

Based on heavily researched NADA Protocol (also called 5 Needle Protocol or 5NP), five sterile acupuncture needles will be placed in participants' ears and retained for 15-45 minutes, all from the comfort of their own vehicle. Deschutes Acupuncture is providing a *Curbside Acupuncture Car Kit*, which includes a travel-sized bottle of hand sanitizer as well as other items to enhance the experience. Participants will not leave their vehicle at any point and will only be in brief contact with Dr. Ford.

Benefits of NADA include increased calmness, better sleep, less agitation, relief from stress and emotional trauma, reduced cravings for alcohol and drugs including nicotine, minimized withdrawal symptoms, and a discovery of inner quiet and strength (acudetox.com).

Curbside Acupuncture will be offered Thursday and Friday April 9th and 10th between 10am and 2pm. Follow the signs and look for the canopy in the parking lot at Deschutes Acupuncture located at 339 SW Century Drive. Additional dates and times to be determined. This is a free community service; however, donations will be accepted to offset the cost of the event.

For more questions or more information, please contact us via email at info@deschutesacupuncture.com

-END-

About Deschutes Acupuncture

Deschutes Acupuncture (Bend Oregon) is an established acupuncture clinic and Chinese herbal medicinal located at 339 SW Century Dr., in Bend Oregon. The clinic practices multiple modalities within Traditional Chinese Medicine and is owned and directed by Dr. Crystal Ford, DACM, LAc. Treatments and services include acupuncture, Chinese herbs, cupping therapy, gua-sha, moxibustion, shiatsu, electro-acupuncture, and infrared heat therapy. Deschutes Acupuncture specializes in Mental Health, the Immune System, Respiratory Problems, Women's Health, Digestive Health, Musculoskeletal Issues, Addiction, and Pain Management. For more information visit the company website: www.deschutesacupuncture.com

--

For further information, please contact:

Deschutes Acupuncture LLC

Dr. Crystal Ford, DACM, LAc.

Phone: (541) 429-0900

Email: info@deschutesacupuncture.com

Website: www.deschutesacupuncture.com